



MARGADARSHI NEWS LETTER

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A DREAM COMES TRUE



Bird View of Proposed Building

‘Margadarshi’, is a non profitable service organization engaged in various rehabilitation activities for the disabled community in Karnataka. The organization is functioning since 1988. The main objective of the association is physical, economical & social rehabilitation of the physically challenged, enabling them with human dignity to become normal and useful citizens of the society.

Initially Margadarshi started by organizing medical camps for poor disabled persons at various places in Karnataka and provide medical attention, treatment, corrective surgeries and aids in the form of crutches, wheel chairs, calipers etc.

The disabled people do have outstanding abilities. However, the abilities of these people are hardly recognized. Given an education, appropriate training and opportunity, the disabled persons can also contribute to the society and economic development of the country. ‘Margadarshi’ believes this and provides best care to the disabled students. For the academic year 2009-10

we have extended financial assistance to 25 poor disabled students ranging from primary to Professional Courses.

As a part of its continued commitment to add value to holistic services, the association has set up a ‘Home for disabled Women’ from 1999, presently situated at # 47/1, Annaiah Reddy Road, Ulsoor, Bangalore–08, as the disabled women and girls are uncared by the society. It has been observed that among the people with disabilities, in particular women & girls with disabilities often have fewer opportunities than others and they often face more difficulties when compared to men. With the aim to empower these deprived women and girls, the association has started this residential home. Presently 15 women / girls are taken care in the ‘Home’. Out of 15 residents, 6 girls are going to schools and Colleges, others will be engaged with rehabilitation work. The association is working to provide a reasonable and comfortable life to these disabled women. The association is committed to look after these women in providing basic necessities like shelter, food, protection, clothing, medical aid, education

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*This Existing Building is donated by
Late Nagarathamma (Inset)*



ಬೆಂಗಳೂರು ನರಸಿಂಹರಾಜ ಕಾಲೋನಿಯಲ್ಲಿರುವ ಬೆಳಕು ಶಿಶು ನಿವಾಸವು ತನ್ನ 10ನೇ ವಾರ್ಷಿಕೋತ್ಸವವನ್ನು ದಿನಾಂಕ 02-05-2010ರಂದು ಜಯನಗರದ ನ್ಯಾಷನಲ್ ಕಾಲೇಜಿನ ಹೆಚ್. ನರಸಿಂಹಯ್ಯ ಸಭಾಂಗಣದಲ್ಲಿ ಅತಿ ವಿಜೃಂಭಣೆಯಿಂದ ಆಚರಿಸಿತು.

ಈ ಬಾರಿಯ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳ ವಿಶೇಷವೇನೆಂದರೆ 'ಬೆಳಕು' ಸಂಸ್ಥೆಯ ಮಕ್ಕಳು ಪ್ರದರ್ಶಿಸಿದ ಕಾರ್ಯಕ್ರಮಗಳ ಜೊತೆಗೆ ಇತರ ವಿಕಲ ಚೇತನ ಸಂಸ್ಥೆಯ ಪ್ರತಿಭೆಗಳಿಗೂ ಅವಕಾಶ ಕಲ್ಪಿಸಲಾಗಿತ್ತು.

ಈ ಸಂದರ್ಭದಲ್ಲಿ 'ಮಾರ್ಗದರ್ಶಿ' ಸಂಸ್ಥೆಯ ಮಕ್ಕಳು 'ದಶಾವತಾರ' ನೃತ್ಯ ಕಾರ್ಯಕ್ರಮವನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ಈ ನೃತ್ಯ ಕಾರ್ಯಕ್ರಮ 'ಬೆಳಕು' ಸಂಸ್ಥೆಯ ದಶಮಾನೋತ್ಸವಕ್ಕೆ ಮೆರುಗು ನೀಡಿ ಎಲ್ಲರಿಂದ ಮೆಚ್ಚುಗೆ ಪಡೆಯಿತು.

ಎಲ್ಲಾ ಕಾರ್ಯಕ್ರಮಗಳೂ ನೆರವೇರಿದ್ದ ಜನಸಮೂಹವನ್ನು ಮೂಕ ವಿಸ್ಮಿತರನ್ನಾಗಿ ಮಾಡಿ ದೀರ್ಘ ಕರತಾಡನ ಗಳಿಸಿತು.



25-04-2010 ಮಾರ್ಗದರ್ಶಿ ಸಂಸ್ಥೆಯ ಸಹಾಯ ಪಡೆದು ತನ್ನ ಬಿ.ಕಾಂ. ಪದವಿ ಮುಗಿಸಿ ಉದ್ಯೋಗದಲ್ಲಿರುವ ಕುಮಾರಿ ನೇತ್ರಾವತಿ ಈಗ ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸ್ವಯಂಸೇವಕಿ. ಸಾರ್ವಜನಿಕರಿಗೆ ನಮ್ಮ ಸಂಸ್ಥೆಯನ್ನು ಪರಿಚಯಿಸಿ ನಮ್ಮ ಸಂಸ್ಥೆಗೆ ಕರೆತರುತ್ತಾರೆ.

ಕುಮಾರಿ ನೇತ್ರಾವತಿಯ ನೇತೃತ್ವದಲ್ಲಿ 25-04-2010ರಂದು ಸುಮಾರು ಹತ್ತು ಜನ ಯುವಕ ಯುವತಿಯರ ಜಾನಪದ ತಂಡ ನಮ್ಮ ವಿಕಲ ಚೇತನರ ಮಹಿಳಾ ನಿಲಯಕ್ಕೆ ಭೇಟಿ ನೀಡಿ ಸುಮಾರು ಎರಡು ಘಂಟೆಗಳ ಕಾಲ ಜಾನಪದ ಗೀತೆಗಳನ್ನು ಹಾಡಿ ಎಲ್ಲರನ್ನು ರಂಜಿಸಿದರು. ಇದೊಂದು ಒಳ್ಳೆಯ ಕಾರ್ಯಕ್ರಮವಾಗಿತ್ತು.

ಕುಮಾರಿ ನೇತ್ರಾವತಿ ಮತ್ತು ಆಕೆಯ ತಂಡಕ್ಕೆ ಅಭಿನಂದನೆಗಳು.

ಸತ್ಸಂಗ

ನಮ್ಮ ಸಂಸ್ಥೆಯ ತಾ|| 20-06-2010ರಂದು ಮಾರ್ಗದರ್ಶಿ ವಿಕಲ ಚೇತನರ ವಸತಿ ಗೃಹದಲ್ಲಿ ಒಂದು ಸತ್ಸಂಗವನ್ನು ಏರ್ಪಡಿಸಿತ್ತು. ಈ ಸತ್ಸಂಗದಲ್ಲಿ ಹಲಸೂರಿನ ವಿವೇಕಾನಂದ ಆಶ್ರಮದ ಸ್ವಾಮಿ ತ್ಯಾಗೀಶ್ವರಾನಂದಜೀ ಮಹಾರಾಜರವರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಹಾಗೆಯೇ ಶ್ರೀಮತಿ ನಾಗರತ್ನಮ್ಮ ಟ್ರಸ್ಟಿನ ಸದಸ್ಯರು ಸಹಾ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದರು. ಸ್ವಾಮಿ ತ್ಯಾಗೀಶ್ವರಾನಂದರ ಹಿತ ವಚನ ಬೋಧ ಪ್ರದವಾಗಿತ್ತು. ಶಾರದಾ. ಸತ್ಸಂಗ ಕೇಂದ್ರದಿಂದ ಭಕ್ತಿಪರವಶವಾದ ಭಜನೆ ನಡೆಯಿತು. ಆಶ್ರಮದ ವಾತಾವರಣ ನಮ್ಮ ಮಹಿಳಾ ನಿಲಯದಲ್ಲಿ ಮೂಡಿ ಬಂತು ಭಾಗವಹಿಸಿದ ಎಲ್ಲರಿಗೂ ಧನ್ಯವಾದಗಳು.



Dy.General Manager and Staff of State Bank of Travancore visited our 'Home for Disabled Women' On 08.03.2010 being the International Women's Day, and distributed new clothes to our residents. It was a happy and joyful occasion for our residents.

DISABLED TO PARTICIAPTE IN COMMON WELATH GAMES

New Delhi : Disability sports comprising 15 events in the upcoming common wealth games in New-Delhi will account for 45 medals - A Gold, Silver & Bronze medals for each event.

ART SUPPORT

After finishing school, Ritu a hearing imparied student did not want to go in for any theory intensive subjects. More focused on getting a job and becoming a self reliant, she applaid for a diploma programme in Fine Arts at the college of Art, Delhi. It is a course that is tailor made for hearing impaired students, who are taught only practical subjects along with other students.



28-05-2010 – Evening programme at Chowdaiah Memorial Hall was a memorable event for the committee members and residents of our 'Home'. On the day we were fortunate to watch the Bharathanatyam, Sufi dance, Ramayana, Martial Art, Yoga and other dances on wheels i.e., on wheel chairs. Wheelchair bound physically challenged and Hearing Impaired artists of 'ABILITIES UNLIMITED' foundation Delhi performed all the events. The performers really proved that what 'abilities unlimited' can do for challenged persons. The movement of wheelchairs and these challenged artists have to be seen to believe what they can do.

Here is our whole hearted congratulations and applause to the team and specially to the mentor Guru Syed Sallaludin Pasha.

As our Hon. President of India has rightly said, so far we were thinking that wheelchairs meant for patients and disabled persons. But this has been disapproved by Guru Pasha and he proved that wheelchair bound can go to any height and sky is the limit for them.

Our residents have gained more confidence by watching this thrilling and wonderful event i.e., 'Dance on Wheels'.

Thanks to the NIPM Management for having sponsored such a beautiful and thrilling event.



Under leadership of our Ex-Student Kum. Nethravathi, NCC Cadets from GAS College visited our 'Home' and entertained the residents.



On 06.03.2010 - Ms.Emi & Ms. Mito from Asia Africa International Voluntary Foundation, Japan visited 'Home for Disabled Women' Halasooru, Bangalore along with Smt. Lalitha Srivatsav and Dr. Srivatsav. They interacted with committee members and entertained our residents.



Residents of Margadarshi visited FUN WORLD on 12-06-10. All of them enjoyed and played many games like Tora Tora, Columbus, Monkey Jump, Gaint Wheel, Star Games, Boating, etc., It was a thrilling enjoyment to residents and this rejuvenated them.

FRIENDLY MOVE FOR DISABLED

Guwhati : June 15th - The Guwahati Metropolitan Development Authority has set June 30 as dead line for Hospitals, Malls & Commercial Buildings in the city to introduce disabled friendly facilities.

"If you make the habit of doing the right thing at right time, you will not have to be anxious."

-Time Sence

OUR SERVICE ACTIVITIES

- * On 29.01.2010 - Mr.G.Nagaraju underwent operation of his leg.
- * On 29.01.2010 – Master N.P.Nikhil was provided with an artificial limb.
- * On 02.02.2010 – Mr.Annappa was provided with single leg caliper.
- * On 09.02.2010 – Mr.Venkatesh aged about 18 years was provided with bilateral calipers.
- * On 10.02.2010 - Ms.B.N.Sunitha aged about 20 years was provided with foot splint.
- * On 11.02.2010 - Mr.Jalan Ahmed Khan aged about 18 years was provided with single leg caliper.
- * On 11.02.2010 – Mr.Kiran Kumar aged about 19 years was provided with foot splints and LS Belt.
- * On 16.02.2010 – Mrs.Pramila aged about 30 years was provided with hearing aid.
- * On 01.03.2010 – Master Nikhil aged about 9 years was provided with AFO and Gaiters.
- * On 07.03.2010 – Mr.Mallikarjun aged about 30 years underwent surgery of Bio-apsy.
- * On 08.03.2010 – Mr.Peerkhan aged about 45 years was provided with artificial limb.
- * On 13.03.2010 – Wheelchair was donated to Smt.Sulochana. a paraplegic patient from Chithradurga.
- * On 24.03.2010 – Wheelchair was provided to Mr.Naveen a CP candidate aged about 22 years.
- * On 13.04.2010 - Ms.Arsiya Banu aged about 21 years was provided with single leg caliper.
- * On 23.04.2010 – Mohd Ghouse aged about 29 years was provided with single leg caliper.
- * On 25.04.2010 – Ms.Kasthuri of Abhalashrama underwent correction surgery of leg.
- * On 27.04.2010 – Master Azaruddhin Khan aged about 9 years was provided with Bilateral AFO.
- * On 14.05.2010 – Mr.Syed Ghouse aged about 30 years was provided with right leg artificial limb.
- * On 18.05.2010 – Mrs.Anjamma aged about 25 years was provided with bilateral calipers.
- * On 20.05.2010 – Ms.Savitha aged about 22 years was provided with single leg caliper.
- * On 03.06.2010 – Baby Vaishnavi was provided with Bilateral AFO.
- * On 19.06.2010 – Master B.Manjunath aged about 7 years underwent surgery of pseudomenigole with tethered cord at spinal chord.

We sincerely thank following philanthropists / institutions who have supported us in the above activity.



FROM 01.01.10 TO 30.06.10



- * Dr.Srinivasan and team of Doctors (Surgeries)
- * Mobility India (Calipers and Artificial limbs @ concessional rates)
- * Directorate, Welfare of Disabled.
- * Sri.L.V.Sridhara Murthy (Hearing aid)
- * Sri.Shashidhar (Wheelchair)
- * Sri Kalyan Trust (Wheelchair)
- * Namaskar Group (Master Manjunath's surgery)
- * Narayan Hrudayalaya (Master Manjunath's surgery)
- * Abhalashrama (towards Ms.Kasthuri's medicines)
- * N.Seethalakshmi
- * Giants Group of Garden City
- * Mr.R.C.Nayak
- * Sri.Durgadas Ghoshal
- * Ms.Vrushali
- * Sri.Gopalakrishna
- * SAN Electrical Consultants
- * Smt.M.Pramila
- * Sri.B.U.Nandish
- * Sri.M.N.Pai
- * Sri.Ajay Bodigar
- * Lions club of Bangalore – Basavanagudi
- * Smt.K.Parvathamma
- * Sri.Radhika M.Bavale
- * Smt.C.Komal Kannan

JUSTICE DELAYED BUT NOT DENIED

Dr. Rajalakshmi a Dentist met with an accident and lost mobility in both her lower limbs. She completed her graduation and Internship on Wheelchair. She was denied admission for Post Graduation as the Rajiv Gandhi University of Health Sciences had reserved only one seat against the Government regulation of 3 per cent for the disabled. The University even ignored the direction from the Commissioner for Disabilities. There was no other option and Dr.Shobha Murthy, mother of Rajalskhmi filed a writ petition in the High Court which ordered the University to provide 3 Per cent reservation. This courageous act not only got the Post Graduate admission for Dr.Rajalakshmi but helped the disabled fraternity as the University had to reserve 24 seats.

VISUALLY IMPAIRED TEACHERS AS CAPABLE AS SIGHTED ONES

Pune : Audio Visual Presentation on Chathrapathi Shivaji by a visually impaired teacher and his team had students from two schools hooked on to the unique session at the Modern English Medium School on Monday afternoon. The session was conducted to disapprove the popular notion that visually impaired teacher cannot teach effectively

MARGADARSHI CARES FOR EDUCATION PROGRAMME

'Margadarshi' has extended help to 25 students ranging from Primary to Professional courses for the academic year 2008-09. Assistance is being given to very poor disabled students towards tuition fees / admission fees / uniforms / books / school bags etc. Among those pursuing professional courses, we were able to help students for BE (Computer Science) also. 'Margadarshi' is also helping the needy students by providing fees to computer courses. The following are the students who received support from 'Margadarshi'.

- | | |
|-------------------------|-----------------------|
| 1. Kum.Soumya Bai | 13. Kum.Ashwini |
| 2. Kum Deepa | 14. Mr.Anand Melanta |
| 3. Kum.Madhulatha | 15. Kum.Anuradha |
| 4. Kum.Vidhya | 16. Kum.Anjali |
| 5. Kum.Bhagyalakshmi | 17. Master Nikhil |
| 6. Mr.Pradeep | 18. Kum.Navyashri |
| 7. Mr.Hanumantharayappa | 19. Mr.Keshava Murthy |
| 8. Mr.Prasad | 20. Mr.Sathish Kumar |
| 9. Kum.Bhagyamma | 21. Mr.Raghuram |
| 10.Kum.Sneha | 22. Mr.Ramappa Kannur |
| 11.Kum.Mangala | 23. Master Kumar |
| 12.Kum.Sujatha | 24. Master Mnjunath |
| | 25. Ramesh Raju |

Our sincere thanks to all the donors and well wishers who have supported this activity.

On 09.09.2009 – State Bank of India, Public Relations & Community Service Banking, Local Head Office, St.Mark's Road, Bangalore sanctioned Rs.1.00 lac as donation towards calipers, artificial limbs and wheelchairs to challenged children.

Accordingly, mobility equipments were provided to following challenged children.

On 03-06-2009

- | | |
|----------------------|-------------------------------|
| Master Pradeep | - B/L AFO and Knee gaiters |
| Kumari Bhagyamma | - Rt.Calipers with PF Shell |
| Kum.Pushpalatha | - B/L AFO with Cockup Splints |
| Kum.Bhagyamma | - Rt.Artificial Limb |
| Master Babu | - B/L AFO + Elbow Crutch |
| Master Hanumanthappa | - Lt.Artificial Limb |
| Kum.Eramma | - B/L.AFO |

Master Mahaboob Pasha - Lt.Artificial Limb

Master Devaraj - B/L AFO

Master Tarun Kumar - B/L.AFO Ankle Joint

Master Manjunatha - Special Chair

Master Prashantha - AFO

Master Pavan Kumar - B/L.AFO Knee Gaiters

Kumari Bhavya - Rt.DAFO

Master Harshavardhan - B/L.AFO + Walker

Master Shivakumar - Artificial lim

On 02.09.2009

Master Ridhman Khan - DAFO

Baby Thanina - Specialized Sandals

On 19.10. 2009

Baby Mus Khan - Calipers

On 28.12.2009

Master Bharath - Artificial limb

On 29.10.2010

Master N.P.Nikhil - Artificial limb

On 01.03.2010

Master Nikhil - AFO + Gaiters

On 11.12.2009

Master K.Umesha - B/L AFO + LS Belt

On 27.04.2010

Master Azaruddin Khan - AFO + Splints

On 03.06.2010

Baby Vaishnavi - B/L AFO

We sincerely thank State Bank of India for having supported many challenged children which brought smiles on their faces.

TO CLAP AND CHEER

If ever I'm disappointed with my lot in life, I stop and think about little Jamie Scott. Jamie was trying for a part in this school play. His mother told me that he had set his heart on being in it, though she feared he would not be chosen.

On the day that the parts were awarded, I went with her to collect him after school. Jamie rushed up, eyes shining with pride and excitement. Then he said those words that remain a lesson to me, "I've been chosen to clap and cheer."

- Dada Vasvani

ಕನಸಿಗಿಲ್ಲವೆಕಲ್ಯ

ನೀವು ಎಂದಾದರೂ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಫುಟ್ಬಾಲ್ ಟೂರ್ನಮೆಂಟ್ ಅನ್ನು ಗಮನಿಸಿದ್ದೀರಾ ? ಇದು ಕೂಡ ಕ್ರಿಕೆಟ್‌ನಷ್ಟೇ ರೋಮಾಂಚಕಾರಿ ಆಟ !

1970ರಲ್ಲಿ ಅಮೇರಿಕದ ಡೆಟ್ರಾಯ್ಟ್ ಮತ್ತು ನ್ಯೂ ಆರ್ಲಿಯನ್ಸ್ ನಡುವೆ ಕಾಲ್ಚೆಂಡಿನಾಟ ನಡೆಯುತ್ತಿತ್ತು. ಆಟ ಮುಗಿಯಲು 11 ಸೆಕೆಂಡುಗಳು ಇದ್ದಾಗ ಡೆಟ್ರಾಯ್ಟ್ ಒಂದು ಗೋಲನ್ನು ಗಳಿಸಿತು. ಇನ್ನೇನು ಅವರೇ ಗೆಲ್ಲುತ್ತಾರೆ ಎನ್ನುವ ಪರಿಸ್ಥಿತಿ ನಿರ್ಮಾಣವಾಗಿತ್ತು. ಆಟ ಮುಗಿಯಲು 2 ಸೆಕೆಂಡ್ ಉಳಿದಿದ್ದಾಗ ನ್ಯೂ ಆರ್ಲಿಯನ್ಸ್ ತಂಡಕ್ಕೆ ಚೆಂಡು ಸಿಕ್ಕಿತು. ಆ ತಂಡದ ಆಟಗಾರ ಟಾಂ ಡೆಂಪ್ಸ್ಟ್ರೀ ಚೆಂಡನ್ನು ಜೋರಾಗಿ ಗೋಲಿನತ್ತ ಒದ್ದ. ಇದರಿಂದ ಎರಡು ದಾಖಲೆಗಳು ನಿರ್ಮಾಣವಾದವು. ಮೊದಲನೆಯದು ನ್ಯೂ ಆರ್ಲಿಯನ್ಸ್ ತಂಡ ಪಂದ್ಯವನ್ನು ಗೆದ್ದದ್ದು. ಎರಡನೆಯ ದಾಖಲೆ ಟಾಂ ಡೆಂಪ್ಸ್ಟ್ರೀಯ ಹೆಸರು ವಿಶ್ವದ ಅತ್ಯಂತ ಉದ್ದದ ಒದತ ಒದ್ದ ಆಟಗಾರ ಎಂದು ದಾಖಲಾದದ್ದು. ಏಕೆಂದರೆ ಇಂತಹ ಒದತದಲ್ಲೇ ಅದುವರೆವಿಗೂ ಇದ್ದ ವಿಶ್ವ ದಾಖಲೆ 56 ಗಜಗಳಷ್ಟು ದೂರದ್ದು. ಆದರೆ ಟಾಂ ಡೆಂಪ್ಸ್ಟ್ರೀಯಲ್ಲಿ ಒದ್ದದ್ದು 63 ಗಜಗಳಷ್ಟು ದೂರದಿಂದ. ಎಲ್ಲೆಡೆ ಸಂಭ್ರಮವೋ ಸಂಭ್ರಮ.

ವಿಶೇಷ ಇರುವುದು ಆ ವಿಶ್ವ ದಾಖಲೆಯಲ್ಲಿ ಅಲ್ಲ, ಟಾಂ ಡೆಂಪ್ಸ್ಟ್ರೀಯಲ್ಲಿ! ಏಕೆಂದರೆ ಆತನಿಗೆ ಹುಟ್ಟಿನಿಂದಲೇ ಬಲಗಾಲಿನ ಪಾದ ಕೇವಲ ಅರ್ಧದಷ್ಟಿತ್ತು. ಮತ್ತು ಆತನ ಬಲ ಕೈ ಮತ್ತು ತೋಳು ಸೊಟ್ಟಿಗಿದ್ದವು. ಶಾಲೆಯಲ್ಲಿ ಓದುತ್ತಿದ್ದಾಗ ಆತನನ್ನು ಶಾಲಾ ತಂಡಗಳಿಗೆ ಸೇರಿಸಿಕೊಂಡಿರಲಿಲ್ಲ. ಕಾರಣ ಆತನ ವಿಕಲಚೇತನತೆ. ಎಲ್ಲರೂ ಹೇಳುತ್ತಿದ್ದುದು ನಿನ್ನ ವಿಕಲಚೇತನತೆಯಿಂದಾಗಿ ಫುಟ್ಬಾಲ್ ಆಡಲು ಸಾಧ್ಯವಿಲ್ಲ. ಆದರೆ ಟಾಂ ಡೆಂಪ್ಸ್ಟ್ರೀ ಫುಟ್ಬಾಲ್ ಆಟಗಾರನಾಗಬೇಕೆಂಬ ಅತೀವ ಆಸೆ. ಈ ನಿರಾಕರಣೆಯಿಂದ ಆತ ಹತಾಶನಾಗಲಿಲ್ಲ. ಶಾಲೆಯ ಹೊರಗಡೆಯ ತಂಡಗಳಲ್ಲಿ ಆಡುತ್ತಿದ್ದ. ಅನಂತರ ವೃತ್ತಿಪರ ಫುಟ್ಬಾಲ್ ಆಟಗಾರರ ತಂಡವನ್ನು ಸೇರಿಕೊಂಡ. ದಿನ ಕನಿಷ್ಠ ಹತ್ತು ಗಂಟೆಗಳ ಕಾಲ ಆಟದ ಮೈದಾನದಲ್ಲಿರುತ್ತಿದ್ದ. ಎಲ್ಲರೂ ಬೆರಗುಗೊಳ್ಳುವಂತೆ ಆಟ ಆಡಲು ಮೊದಲು ಮಾಡಿದ. ಅವನನ್ನು ತಮ್ಮ ತಂಡದಲ್ಲಿ ಸೇರಿಸಿಕೊಳ್ಳದೆ ಇರುವ ಶಾಲೆಗಳು ಕೈ ಹಿಡಿಸಿಕೊಳ್ಳುವಂತೆ ಆಡತೊಡಗಿದ. ಆಡುತ್ತಾ, ಆಡುತ್ತಾ ಕೊನೆಗೆ 1970ರಲ್ಲಿ ವಿಶ್ವ ದಾಖಲೆಯೊಂದನ್ನು ಸಾಧಿಸಿಬಿಟ್ಟ. ಆತನನ್ನು ಇದು ಹೇಗೆ ಸಾಧ್ಯವಾಯಿತು ಎಂದು ಕೇಳಿದರೆ ಆತ ಹೇಳುತ್ತಿದ್ದ ಉತ್ತರ 'ಬಹಳಷ್ಟು ಜನಕ್ಕೆ ನನ್ನ ಸಾಮರ್ಥ್ಯದ ಬಗ್ಗೆ ಅಪನಂಬಿಕೆ ಇತ್ತು. ಆದರೆ ನನಗೆ ದೃಢ ನಂಬಿಕೆ ಇತ್ತು. ಅದು ನನ್ನ ಪರಿಶ್ರಮದೊಂದಿಗೆ ಸೇರಿಕೊಂಡಾಗ ಈ ಸಾಧನೆ ಸಾಧ್ಯವಾಯಿತು!' ನಮಗೂ ಒಂದು ಕನಸು ಇರುತ್ತದೆ. ಆದರೆ ಯಾರೋ ಹೇಳುವ ನಿರುತ್ತೇಜಕ ಮಾತು ನಮ್ಮ ಉತ್ಸಾಹದ ಬಲೂನಿಗೆ ಸೂಜಿ ಚುಚ್ಚಿಬಿಡುತ್ತದೆ. ಅನಂತರ ಪ್ರಯತ್ನ ಮಾಡುವುದನ್ನೇ ಬಿಟ್ಟು ಬಿಡುತ್ತೇವೆ.

ನಮಗೂ ಒಂದು ಕನಸು, ಆ ಕನಸಿನ ಸಾಧ್ಯತೆಯ ಬಗ್ಗೆ ಒಂದು ದೃಢ ನಂಬಿಕೆ, ಛಲ ಬಿಡದ ಪರಿಶ್ರಮ ಇದ್ದರೆ, ನಾವೂ ಸಾಧನೆ ಮಾಡಬಹುದು!

(ಕೃಪೆ : ಶ್ರೀ ಎಸ್. ಷಡಕ್ಷರಿ ರವರ ಕ್ಷಣ ಹೊತ್ತು ಆಣೆ ಮುತ್ತು ಪುಸ್ತಕದಿಂದ)

TRUE REALISATION

"When we are 17," said a wise old man, "we worry about what others think of us. At 40, we don't care what they think of us. At 60, we discover they haven't been thinking of us at all."



Cheshire Livelihood Resource Centre (CLRC) is an initiative of Cheshire Home India, Bangalore and it is supported by Leonard Cheshire Disability and Accenture. CLRC work for the complete livelihood solutions for persons with disabilities.

The vision behind CLRC is to develop a one stop shop for all the livelihood needs for persons with disability.

CLRC aims to work in the following areas:

- Providing information to any information seeker including disabled people, employers and others from community, related to livelihood, rights and facilities for persons with disability by information material, demonstration, consultation etc.
- Career guidance Skill training Placements
- Self employment
- Supporting the corporate sector for adopting the inclusive policies and facilitating the employment of PWDs
- Advocacy for rights of PWDs.
- Information gateway

Below are the training courses being offered by the CLRC:

- Basic computer course of two months duration
- Foundation course
- Employability training for the hospitality sector of six week duration
- Retail Training of six week duration

In less than 2 years of time the Cheshire Livelihood Resource Centre has set up several milestones.

For more details contact :

CHESHIRE LIVELIHOOD RESOURCE CENTRE

#34,6th main (near Leela papalce hotel), HAL 2nd stage
Extn ,Kodi halli,Bangalore:560 008 Ph:080-25275332

E-mail: administration.lrc@gmail.com

trainingcoordinator.lrc@gmail.com

Ph: 9900834505 / 9886485745

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and rehabilitation etc. We also try to inculcate in them the attitude of doing the work with cheerful smiles and to have positive attitude towards life.

Our ultimate aim is that disabled women / girls become self-reliant, without feeling of dependency or burden to the society.

By seeing Association's dedication and empathy towards challenged people, Smt. Nagarathamma Land lady of our Halasooru premises was kind enough to gift the property through a '**WILL**' to the Association.

We are pleased to inform that the records pertaining to the property has been transferred in our Association's name.

Now, the Association intends to reconstruct the building to enable:

1. Increasing the inmates strength to 40.
2. To have better storage and parking facility.

3. A prayer hall
4. Accommodation for the outstation beneficiaries who visits for surgeries / medical assistance and seeking placements.
5. Counseling / physiotherapy centre / work space.
6. Cultural activity centre for disabled.

The Association is having a budget estimation of around Rs. 80 lakhs for the construction of the above building.

You are requested to extend your helping hand for the construction of new building. The Donors may sponsor a portion of the project which may be named after them.

Our project of constructing a new building will reach more physically challenged persons with better facilities.

We are sure that your blessings, wishes and help will take us to new heights and serve the challenged community.

MARGADARSHI COMMITTEE

Donations in the form of cash or cheque will be accepted, cheques may be drawn in favour of "Margadarshi, The Association for Physically Challenged (Regd.)"

Visit our website at :

www.margadarshionline.com

The donations made to the Association are exempted under 80G of IT Act

Our special request to readers

Inmates of residential home are involved in making paper covers, Envelopes / greetings and making of carry bags. We humbly request our donors / members / well wishers to patronize our projects by placing orders.

FOR ENQUIRIES KINDLY CONTACT :

Association Office, Ph.No. 22235810.

Margadarshi '**HOME**' for Disabled Women,
47/1, Annaiah Reddy Road, Halasooru, Bangalore-08
Phone 25570841 .

V.V. Shanthalakshmi, President

Phone : 25532555, Mobile : 94482 70785, 9538479085

N. Umakanth, Vice President Mobile : 9886080444.

N. Krishna Murthy, Secretary

Phone : 23102704, Mobile : 9449342940.

K.M. Geethamrutha, Jt. Secretary

Phone : 66148434, Mobile : 9449974763, 9538765362

N. Mamatha Soudhi, Jt. Secretary

Mobile : 9886333134.

K.N. Seethalakshmi, Treasurer, Mobile: 9845469155.

You may donate on some special occasions like Birthday, Wedding Anniversary etc., by sponsoring for inmates for the day. You may also contribute towards endowment fund, which provides a day's food expense as indicated by you to inmates every year.

	Per Day	Endowment Fund
Breakfast	Rs. 200/-	Rs. 2,000/-
Lunch	Rs. 500/-	Rs. 5,000/-
Dinner	Rs. 500/-	Rs. 5,000/-
Lunch & Dinner	Rs. 1,000/-	Rs. 10,000/-

To

BOOK-POST